

Everest Experience



Overview

This trip includes multifaceted activities such as a weeklong trek below Mt. Everest, a sensational white water rafting on class 2-4 Trishuli River, guided wildlife Safari in Royal Chitwan National Park, guided tours of cultural hearts of Kathmandu valleys and an optional easy downhill Mt. Bike ride through picturesque villages on the outskirts of Kathmandu.

Trip Facts:

- Trip length: 15 Days
- Activity: Trekking, rafting, wildlife Safari and sightseeing
- Starts in: Kathmandu
- Ends in: Kathmandu
- Accommodation: Hotel, Lodge & camping
- Transportation: Flights and private car
- Maximum altitude: 3908m

If you are short in time but want to savor as much Himalayan adventure available in Nepal within a short timescale, our Multi Activity Holiday packages include several different activities such as guided cultural

tour, short but highly rewarding easy trek, thrilling rafting, wildlife tour and village tour by mountain bike – in short, a trip that encompasses all the major essence of Himalayan adventure. These tours to Nepal are suitable for a reasonably fit person with any level of experience or a family with little grown up kids.

Location : Everest Duration : 15 Days Best Time :

Package Itinerary

Day : 01 Arrive Kathmandu

Flying to Kathmandu along the northern border of Nepal on a clear day is in itself an exciting and memorable experience as exotic panoramic view of snow-capped Himalayan peaks sprawls before you. We meet you at airport and escort you to your hotel.

Day : 02 Full day tour to Kathmandu.

Kathmandu sightseeing tour begins immediately after early morning delicious breakfast. We visit Pashupatinath temple, a very sacred Hindu pilgrimage site where we get a chance to witness religious Hindu ritual and cremation ritual. Buddhist stupa of Boudhanath is another significant religious site for Buddhist sects. We then head towards Swayambunath where we can capture a majestic view of the entire Kathmandu valley. Thereafter, we continue our leisurely sightseeing of Patan. Patan is 5kms away from Kathmandu Valley on the South-East. Patan Durbar Square, Mahaboudha Temple, Kumbeshwor temple, Krishna Temple and Golden Temple are the major attractions of Patan.

Day : 03 Flight to Lukla & trek to Phakding [2656m]

On the flight to Lukla, we will be sightseeing the most mesmerizing beauty of sparkling snow-capped Himalayan peaks. Soon after landing on Lukla, we meet the entire trekking team. With thorough briefings on the trekking details, we begin our journey. Lukla lies at 2900m. We walk past Chablung crossing a stream along the steep route. As we head northwards, lush forest stretches flauntingly. Further descents lead to a wooden bridge over the Kusum Kangru Khola. The trail to Kusum Kangru at 6367m is physically challenging and very difficult. En route, we may encounter yaks and also witness a hamlet at 2250 meters on the bank of the Dudh Kosi being partially worn out by floods. As our destination does not end here, we continue treading along the trails. More scattered houses and stream come on our way. Finally, we reach Phakding. We can either camp at campsite or take accommodation at a hotel.

Day : 04 Trek to Namche [3450m]

From Phakding, we move on to high suspension bridges crossing and re-crossing the river . Beyond Monjo is the entrance to the Sagarmatha National Park which was set-up in order to protect and preserve this fragile mountain environment. We then move on to steeply to Namche, We can catch a first glimpse of Mt

Everest from the distance if the weather is clear. Namche has a busy Saturday market and also it is the most trading village, meeting place for the Hindu traders from the lowlands and the Tibetan yak caravans. We camp near the bazaar at Namche.

Day : 05 Trek to Khumjung [3786m]

Heading away from Namche Bazaar, we walk past the airstrip at Syangboche. Following the rock-strewn winding trail, we eventually enter picturesque village of Khumjung. We then spot several beautiful houses. There is a gompa at the top end of town. Local villagers generally seek medical assistance from a hospital built by Sir Edmund in the nearby village of Khunde. We conclude the trip of the day as we camp at the superb site.

Day : 06 Trek to Thyangboche [3864m]

We will be heading east passing through the large chorten and then go downward to a bridge across the Dudh Kosi at Phunki Tenga. From the river we go through the forest of pine and rhododendrons, before arriving at Thyangboche Monastery. We can see very beautiful views from Ama Dablam to Lhotse and Everest at the head of the valley. There we will have more opportunity to explore the culture, tradition and custom of local community through camping at Thyangboche.

Day : 07 Excursion to Pangboche [3908m]

We indulge in an exquisite excursion around Pangboche. Visits to monastery can be quite a spiritual journey for us. Savoring the most fabulous views of Ama Dablam, we trek along the challenging trail. At night, we enjoy memorable moments with our trekking crew sitting by the blazing camp fire under an open sky of glittering stars.

Day : 08 Trek to Chumoa [2700m]

We walk through the forest to Phunki Tenga. As we enter Phunki Tenga, we will spot several water-driven prayer wheels. Bidding goodbyes to Everest and Lhotse, we stride along the rock-strewn path. We may encounter thar and lammergeier on the way. Thereafter, we further descend to camp by the river at Chumoa.

Day : 09 Trek to Lukla [2900m]

On this final day of trekking, we follow Dudh Kosi back down to Lukla. We can have a farewell party with the Sherpa guides and porters amidst the scintillating views of undulating mountain ranges. We may also sample some chang, local drink and try Sherpa dancing.

Day : 10 Flight to Kathmandu

After early breakfast, we fly to Kathmandu.

Day : 11 Drive to Kurin Ghat, raft down Trishuli, transfer to Chitwan National Park.

After an early breakfast we drive from Kathmandu to Kurin Ghat for about 3-4 hrs. We begin our rafting after a thorough briefing on safety measures by Guide. Initially, water current becomes notably swifter as our raft maneuvers towards narrow tranquil pools of clear turquoise water of Trisuli River. Gradually, we may get splashed by occasional large rapid (can be avoided depending on your preference). We conclude our Rafting at Mugling and drive towards Royal Chitwan National Park to participate in Jungle Safari excursion.

Day : 12 Wildlife Safari at Chitwan National park

Chitwan National park offers a unique and exceptional wildlife experience, being the home to several rare species, in particular, the one-horned rhinoceros and leopard and also leopard, bear, wild boar, deer, bison, crocodiles etc. We surrender to the pure pleasure of jungle activities. Elephant safari, Wildlife safari, jeep safari, canoeing and bird watching are some of the safari excursion. Unlike African animals, those in Chitwan tend to be rather solitary and shy, but the chances of sightseeing these are very high owing to the expertise and experiences of experienced guides.

Day : 13 Drive back to Kathmandu

Fully loaded with memorable wildlife experience, we drive to Kathmandu.

Day : 14 Free day in Kathmandu for independent activities or optional mountain biking.

On this day, we can pursue any activities that we fancy. We can go for shopping, sightseeing, roaming aimlessly around the city or we can simply lie idle at our hotel taking complete rest or bike ride through picturesque Nepalese country side to witness the culture and lifestyle of rural Nepal.

Day : 15 Depart Kathmandu

As the trip has come to an end, we depart from Kathmandu.

Package Includes

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“Make ME your priority, Travel with quality.”

With Best Regards,
ME Travel and Tours
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